



Spring 2022

# CENTRAL SDA MESSENGER- "BRIEF"

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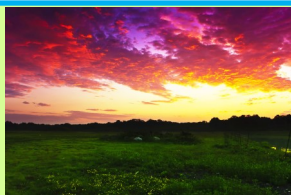
## God is Here- By Pastor John Abbott

If my next step in life was to be seeing you all that would be a wonderful, bright thing! But what do you do when your next step is likely to be quite painful? Of course, this can cross the spectrum from annoying disturbance to critical, debilitating pain. Since my discharge I've had days and parts of days where the pain was enough that I couldn't do anything but ride it out. And beginning in an hour or two, I'm about to begin taking a new, but less potent pain med because the doctor says I have gone the length of what is allowable. With the pain I've already been dealing with, I can't imagine that I'm just about to enter what is likely to be more weeks to months of even worse pain. If that is the case, is there any way to prepare? Any way to better cope?

Besides more ice packs I'm going to need to believe that God **'is'** here now. Those are really the most life changing words you can ever know! God. Is. Here. Not: God **'was'** here as in: the great God was with mighty people of faith back in Bible times. And neither is it: God **'will'** be here as in: God will come if you're good enough and proved that you deserve for Him to show up in your time of need. No. Instead, the most beautiful three life changing words are the ones that I'm clinging to as I transition into a potentially harder and more excruciating situation is: God **is** here! He has promised that He is more than enough to comfort, strengthen, and rejoice in. Won't you begin clinging to and rejoicing in the power of those three words today?

*You Fill Me With Joy In  
Your Presence*

**Psalms 16:11**



## UPDATED MASK POLICY

Due to the NM Governor's lifting of the indoor mask mandate, the wearing masks inside the church building is now optional and all attendees can make their own decision.

## TWO new Reverse Osmosis Water Dispensers have been installed!! (1 bring your own bottle 1 traditional)



## CHURCH LIFE!!



## Main Worship Service: Saturdays @ 10:50am

LIVE STREAMING and other resources at :  
[www.abqcentral.org](http://www.abqcentral.org)